



## GUIDE TO USING WASHABLE MASKS NON-MEDICAL USAGE, CATEGORY 1 (UNS1) & 2 (UNS2)

**WARNING**  
It is important  
to follow this guidance  
to protect your own  
and others' health.

- › Wear this mask when you are in contact with people other than those you live with.
- › **Always check** that the mask fits snugly and covers your mouth and nose.
- › **CAUTION** : This mask is not suitable if you are ill. Ask your doctor for advice.
- › **This mask is not for use by healthcare workers.**
- › **This mask does not replace barrier gestures** (regular hand washing, physical distancing, reducing contact with other people). It adds a physical barrier, to be used in particular when you are in close contact with other people.

### HOW TO WEAR YOUR MASK?



#### BEFORE PUTTING IT ON:

- 01 | Before touching the mask, wash your hands with soap and water or a hydro-alcoholic solution.
- 02 | Inspect the mask to make sure there are no holes, tears or damage.
- 03 | It is recommended to wear the mask on bare skin, avoiding contact with the hair.
- 04 | Never modify the mask in any way.

#### TO PUT IT ON:

- 05 | Hold the mask by the elastic straps.
- 06 | Place it at the level of your mouth.
- 07 | Put the elastic straps behind your ears.
- 08 | Adjust the mask to cover nose, mouth & chin, you can pinch the nose clip to help you.

#### WHILE WEARING IT:

- 09 | Avoid touching or moving the mask.
- 10 | Never wear the mask on your forehead or chin.

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#### THE MASK MUST BE CHANGED:

- 11 | When you have worn it for 4 consecutive hours.
- 12 | When you wish to eat or drink.
- 13 | When it becomes difficult to breathe.
- 14 | If the mask gets wet.
- 15 | If the mask is damaged.
- 16 | If the facepiece becomes deformed and no longer sits correctly against your face.

#### TO REMOVE IT:

- 17 | Wash your hands with soap and water or hydro-alcoholic solution.
- 18 | Unhook the elastic straps to remove the mask from your face.
- 19 | While waiting to wash it, wrap it in a plastic bag.
- 20 | If the mask is deformed or worn out, throw it away immediately in a closed bin.
- 21 | To complete: wash your hands again with soap and water or hydro-alcoholic solution.

## HOW TO OPEN THE MASK?

#### BEFORE OPENING:

- 01 | Store the mask in its original protective packaging, in a dry place away from direct sunlight.  
Store it in a maximum humidity of 75% and at a temperature between -2°C and +55°C to preserve its condition.

#### TO WASH:

- 02 | Machine wash the mask with detergent. Choose a washing programme that includes at least 3 minutes at 60°C minimum. You can put it in the washing machine with your laundry.
- 03 | After touching the mask, wash your hands with soap and water or an alcohol solution.
- 04 | This mask has been tested for 10 washes. After 10 washes, the filtration of the mask is no longer guaranteed.
- 05 | When the wash cycle has finished, take the mask out and reshape it by flattening the nose bridge and reshaping the folds gently.

#### AFTER WASHING:

- 06 | Dry the mask thoroughly (*the inner layers must also be completely dry*).
- 07 | To do this, you can use a tumble dryer (*remember to clean the filters of the tumble dryer and to wash your hands afterwards*), a hair dryer, or you can dry your mask in the open air on a clean and disinfected surface.
- 08 | Iron your mask with a steam iron at the temperature indicated by the manufacturer.
- 09 | As soon as the mask is dry, store it in a clean, airtight package (*e.g. plastic bag or freezer bag*).



## SAFETY

This mask has demonstrated a **filtration efficiency greater than 90%** for 3 micron particles emitted by the person wearing the mask. **The respirability of the mask has been measured at > 96 L.m-2. s-1** and it can be worn for a period of 4 hours.

## WARNING

Despite all the care taken in the manufacture of these masks, it is the sole responsibility of the user to ensure that the mask is suitable for the situation in which it is to be used. **The recommendations and conditions of use described above must be strictly adhered to.**

## RECORD OF MASK USE

**The masks can be washed 10 times, so each mask can be used 11 times.** To help you monitor and manage the usage of your masks, please fill in the following table by ticking the boxes:

	USE 1	2	3	4	5	6	7	8	9	10
<b>MASK 1</b>										
<b>MASK 2</b>										
<b>MASK 3</b>										
<b>MASK 4</b>										
<b>MASK 5</b>										
<b>MASK 6</b>										
<b>MASK 7</b>										
<b>MASK 8</b>										
<b>MASK 9</b>										
<b>MASK 10</b>										



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